



West Coast Trekking

From
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Description

The Canadian west coast, where lush rain forests of giant cedars and Douglas fir meet the saline expanse of the Pacific and massive mountains of granite and metamorphic rocks formed by prehistoric volcanic eruptions spring from the sea. An exceptional natural setting for an exceptional trip. Starting off in the charming town of Victoria, on Vancouver Island this tour explores the wild and rich ecosystem of the coastal rain forest along signature hikes that offer authentic and unique west coast thrills. Heading to mainland BC we spend 3 nights in a remote cabin at 2000m for a 4-day backcountry alpine hiking feast. Coming down from cloud 9 we end our journey in the vibrant city of Vancouver. A one of a kind Canadian experience that will create unforgettable memories!

Highlights

- The variety of landscapes: from the rocky inlets of the north pacific to some of the most stunning alpine hiking BC has to offer
- Hiking the wilder and less traveled trails of western Canada
- Hiking through some of the last old growth forest of Vancouver Island
- ACMG Certified hiking guide and knowledgeable guide, seeing to the group's every need
- 4 days in the heart of Mountains around Whistler and Garibaldi Provincial Park
- Charming Victoria and the modern city of Vancouver

Itinerary

Day 01 : Arrive in Victoria

Arrive in Victoria. Free time to take in the English charm of the city as well as its many attractions such as Beacon Hill Park, the Craigdarroch Castle or Butchart Gardens to name only a few. Rendezvous at the hotel to meet your guide, the rest of the group and hear all about the adventure you are about to start. Independent dinner. Night at the hotel.



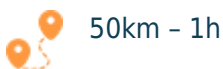
Day 02 : Transfer to Sooke

To the west of Victoria, on the southern tip of Vancouver Island lies the tiny community of Sooke. This will be the starting point of our first hike, the East Sooke Trail. Perched along the cliffs of Sooke point the trail offers impressive views of the Olympic Mountains just across the Juan de Fuca straight. Overnight in Sooke for the next 2 nights.

Hike

East Sooke Trail

11 or 22 km if round-trip, 350 or 700 m, 4 to 7 h



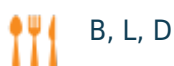
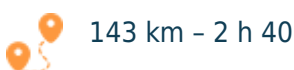
Day 03 : Hiking the Juan de Fuca trail

Our objective over the next two days will be to hike the most dramatic sections of the Juan de Fuca trail from China beach to Botanical Beach. Today, we'll start our hike from the China beach trailhead and work our way north to Sombrio beach. The 21 km trail snakes along the beaches and disappears into the forest for challenging climbs along mountains faces offering incredible views of the area. Plenty of opportunities to explore tides pools and all the other wildlife the area has to offer. It's a rugged and demanding trail; weather can severely impact the conditions of the trail and so we'll have the option of shortening our hike if need to be. Return to Sooke for the night.

Hike

Juan de Fuca Trail - China beach to Sombrio beach

13 or 21 km (according to option), 750 to 850 m, 5 to 8 h



Day 04 : Hiking the Juan de Fuca trail and transfer to Strathcona


Getting up early we transfer to Sombrio Beach to continue our trek to reach Botanical beach. The trail meanders in lush rain forest over old log bridges and moss-covered walkways. The Juan de Fuca trail is a truly unique and challenging trail that shows you the wilder and less traveled side of the Island. We transfer to Strathcona Provincial Park in the afternoon. At the Lodge we will have the chance to taste healthy and delicious meal using locally sourced, organic and in-season ingredients.

Hike

Juan de Fuca Trail - Sombrio beach to Botanical beach

15 km, 350 m, 3 to 4 h

 Remote Lodge

 415 km - 6 h

 B, D

Day 05 : Crest Mountain Trail, Strathcona Provincial Park


Today we explore the Crest mountain trail in Strathcona Provincial Park. This 11 km out and back trail is quite the challenge but the summit rewards you with 360-degree views of the mountain peaks and valleys that are some of the best you'll see in Strathcona Park. Big Den, Crown Mountain, Elkhorn Mountain, Elk River valley, Heber River valley, Kings Peak, Mt Colonel Foster, Puzzle Mountain and Queens Peak can be clearly seen in all their glory. Return to our lodge for the evening.

Hike

Crest Mountain Trail

16 km, 650 m, 5 to 6 h

 Remote Lodge

 32 km, 25 min

 B, L, D

Day 06 : Flower ridge and Mount Myra, Strathcona Provincial Park

We enjoy a second day to explore Strathcona Provincial Park along the Flower ridge Trail. A 17.5 km with a gentle gradient rising 1100 m over 8 km. The trail meanders up through old growth forest along a series of small ridges and benches. Once on Flower Ridge, you are rewarded with sweeping views of surrounding mountains and Buttle Lake. Return to the lodge for the evening.

Hike

Flower Ridge

17.5 km, 1050 m, 7 h

 Remote Lodge



37 km, 45 min



B, L, D

Day 07 : Cathedral Grove and Transfer to Whistler

Today we transfer to mainland BC stopping on the way to admire one of the last strands of old growth forest. Hiking amidst century old Douglas firs and giant cedars is a humbling experience bound to turn anyone into a tree huger. Boarding the ferry in Nanaimo we enjoy a 1.5 h crossing before making our way up the sea-to-sky highway to reach Whistler. Night in Lodge hostel in Whistler.

Hike

Cathedral Grove

1 to 2 h



Lodge Hostel (multiple occupation)



390 km - 6 h (include 1.5 h ferry crossing)



B, D

Day 08 : Black Tusk, Garibaldi Provincial Park

Our exploration of the mountains around Whistler starts with a signature hike that takes us deep in Garibaldi Provincial park to ascend Black Tusk. The jagged black peak is a stark contrast against the bright glaciated landscape and green forested mountains that surround it. This ancient volcano was once capped with glacial ice but after erupting, the piping hot magma melted much of the ice and exposed the magnificent basalt chamber that we'll see today. A challenging but incredibly rewarding hike that let us discover one of the most impressive mountain range in western Canada

Hike

Black Tusk

25 km, 1550 m, 8 to 10 h



Lodge Hostel



26 km - 23 min



B, L


Day 09 : High Note trek


Today we set off for our 3-day trek. The gondola takes us up to the summit of Whistler Mountain from where we'll have a 9 km hike to reach our wilderness hut for the next 3 nights. Getting to our hut we'll need to work together to get set up and prepare our dinner. We'll have plenty of time to discuss the options for the upcoming days. Night at the hut.

Hike

High note trek

11 km, 500 m, 3 to 4 h

 Remote wilderness hut (multiple occupation)

 B, L, D


Day 10-11 : Alpine Trekking

We have the next 2 days to explore everything that Whistler's back country has to offer. From our base camp at 2000 m we'll have all the latitude we want to attempt climbing Mount Overload and we'll reserve one of the days for an easier exploratory hike to discover alpin lakes and high prairie meadows.

Hike

Alpine trekking: varies according to options

one shorter day 300 m, 2 to 3 h / one longer day 650m, 6 to 7 h

 Remote wilderness hut (multiple occupation)

 B, L, D


Day 12 : Return to Whistler and transfer to Vancouver


Today we hike back out to Whistler before heading back to Vancouver. Spend the evening discovering Granville Island, strolling on Robson Street or exploring Stanley Park. Vancouver is a vibrant city offering extremely diverse attractions in an extremely enviable natural setting.

Hike

Hike down the hut

10 km, 350 m, 3 h 00

 Remote wilderness hut (multiple occupation)

 120 km - 1 h 40

 B

Day 13 : Vancouver and flight home

Free time in Vancouver to explore the city. Transfer to airport according to flight time.

 B

Note:

B = breakfast

L = lunch
D = diner

Itinerary note:

The guide reserves the right to modify the itinerary for the group's safety depending on the weather and general operating conditions.

Dates & prices

All our prices are on double occupancy basis. Please contact us regarding the single, triple or quadruple rates.

Inclusive

- Accommodation: 2 nights standard hotel 2-3*, 2 nights shared luxury seaside condos, 3 nights remote wilderness hut, 2 nights lodge hostel, 3 nights Wilderness Lodge
- Meals : 12 breakfasts, 8 picnic lunches and 9 dinners
- National and provincial park entrance fees
- Transportation in a minivan with cargo trailer from 8 travelers
- Ferry from Vancouver Island back to mainlan
- Certified ACMG hiking guide
- First aid kit and emergency communication device
- Group from 7 to 11 travelers
- FICAV contribution (compensation fund for customers of travel agents - 0 \$ / 1000 \$)

Non inclusive

- Personal insurance (medical and repatriation)
- Air transportation
- Airports meet & greet and transfers
- Pre & post night
- Sleeping bag, pillow and towel
- Meals not mentioned in the included section
- Optional activities
- Tips
- Goods and Services Tax (5%)

1. Phone

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